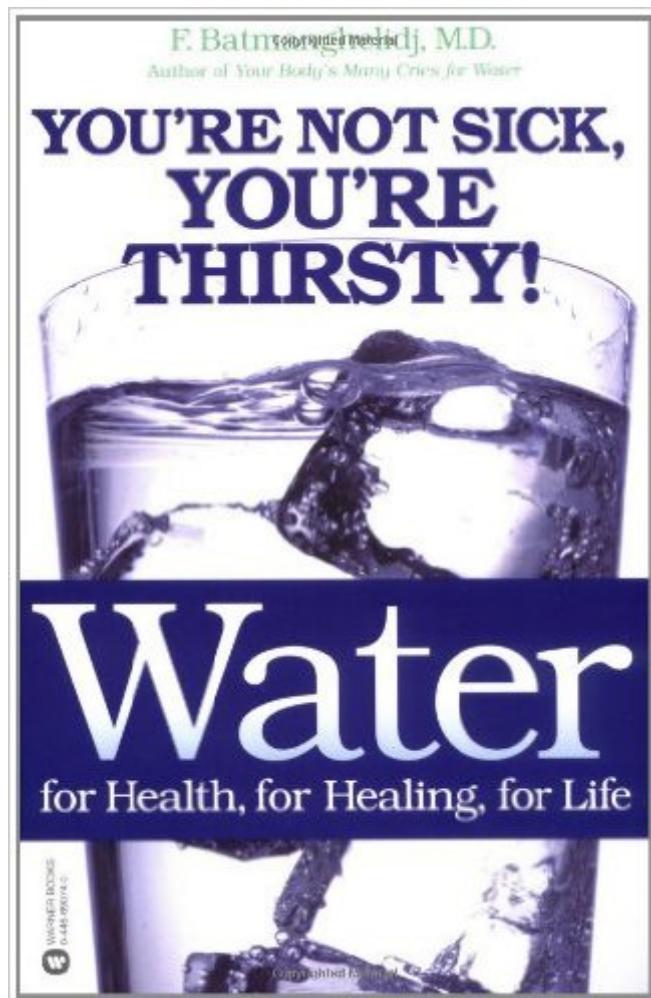


The book was found

Water: For Health, For Healing, For Life: You're Not Sick, You're Thirsty!



Synopsis

Asthma, allergies, arthritis, hypertension, depression, headaches, diabetes, obesity, and MS. These are just some of the conditions and diseases that are caused by persistent dehydration. But there is a miracle solution that is readily available, all natural, and free: water.

Book Information

Paperback: 304 pages

Publisher: Warner Books (June 1, 2003)

Language: English

ISBN-10: 0446690740

ISBN-13: 978-0446690744

Product Dimensions: 5.2 x 0.8 x 8 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 starsÂ See all reviewsÂ (248 customer reviews)

Best Sellers Rank: #16,696 in Books (See Top 100 in Books) #16 inÂ Books > Health, Fitness & Dieting > Mental Health > Compulsive Behavior #25 inÂ Books > Medical Books > Psychology > Psychotherapy, TA & NLP #40 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Psychotherapy, TA & NLP

Customer Reviews

Dr B's book is one of the most useful detailed observations about wellness and disease relating to our relationship with water, well correlated and compellingly illustrated with concurring scientific findings--all of which are available in any good medical text on the human physiognomy. The book covers detailed understandings of water shortage in the body related to asthma, allergies, blood pressure disorders, diabetes, constipation, auto-immune diseases, pain, heartburn, hiatal hernia, colitis, ulcers, rheumatoid arthritis, obesity, depression, gout--the list goes on and contains practically all the well-known and well-experienced villains of ill-health! Although there are no clinically detailed case studies, for a book of this nature these are not needed. Dr B's observations and references to the relevant current medical teaching make for a solidly convincing case for reversing with water therapy what Dr B calls "Chronic Unintentional Dehydration". Most of our body is composed of water (about 75%). To think that dehydration takes place only when severe symptoms and bodily reactions take place is one the greatest single errors anyone can make as far as health and wellness is concerned. Like Coleridge's ancient mariner, in the present day we seem to be marooned upon a painted ocean going nowhere, losing our health because we have forgotten

what it means to drink enough water. Many people have knocked this finding of Dr B's without going into the merits of the findings that water is a fundamental nutrient for the body, chronic shortfall of which leads to serious dysfunction and disease.

[Download to continue reading...](#)

Water: For Health, for Healing, for Life: You're Not Sick, You're Thirsty! You're Sick, They're Not--Relationship Help for People with Chronic Illness and Those Who Love Them (Sick & Tired Series) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) The Wonders of Water - How H2O Can Transform Your Life: Vitality, Detox, Weight Loss, Quality Water, Benefits (Water Health, Vitality, Weight Loss, Fruit Infused Book 1) Sick and Tired of Feeling Sick and Tired: Living with Invisible Chronic Illness (New Edition) Communion of the Sick: Approved Rites for Use in the United States of America Excerpted from Pastoral Care of the Sick and Dying in English and Spanish Water is Life: Different Sources of Water and Ways to Conserve Them (For Early Science Learners): Nature Book for Kids - Earth Sciences (Children's Water Books) REIKI: From Beginner to Expert - Energy Healing Double Book Bundle (+Bonus!) - Ultimate Guide to Reiki Healing & Chakra Healing (Energy Healing, Chakras ... Beginners, Reiki Symbols, Chakra Balancing) Reiki: The Healing Energy of Reiki - Beginner's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Why You Get Sick and How You Get Well: The Healing Power of Feelings Water Treatment WSO: Principles and Practices of Water Supply Operations Volume 1 (Water Supply Operations Series) Water Quality & Treatment: A Handbook on Drinking Water (Water Resources and Environmental Engineering Series) Solar PV Powered UV Water Treatment: How to Solar Power UV Water Sterilizing Systems for Drinking Water Onsite Fruit Infused Water: 101 Fruit Infused Water Recipes for Weight Loss, Detox and Metabolism Boosting Vitamin Water I am Not Sick I Don't Need Help! That's Not Funny, That's Sick: The National Lampoon and the Comedy Insurgents Who Captured the Mainstream Come Thirsty Church Kit: Level 1 Still Thirsty (An Urban Novella)

[Dmca](#)